



The question of reaching the pinnacle (apogee) of human life and development

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Annotation: This article briefly discusses what characteristics a person must embody to reach the peak of his life and development, and what he should pay attention to in his professional development. At the same time, it was also emphasized that the role of teachers in educating each person to achieve a level of professional excellence is incomparable.

Key words: Subject, pedagogical acmeology, personality, professional skill, comprehensive personality.

We all know that in the history of the sciences of philosophy and pedagogy, even within the framework of the development of psychology in our country, over the centuries a subjective principle has developed - marriage.

At some rates, the subject is considered as a source of mental activity, and sometimes, in a different way, the subject is considered as the center of the organization of human existence in the world. This tariff reveals a person's ability to gradually develop. , gradually refine and gradually improve. That is, the main aspect of the subject is the ability to achieve the optimal level of human development, the ideal. Similarly, we can cite the concept of acme, that is, the pinnacle of human life and development, the ability to live and act in accordance with a low level of human development, the level of culture of any person, the need to help him reach even higher levels, and not just the pinnacle of life's path.

How to reach the peak of personal life and development? What skills does a person need to have to achieve this? Let us answer these questions from a



pedagogical approach. It is no secret that a person strives for personal and professional development and self-development, which is manifested in creative possibilities and professional life skills. It is he who develops professional skill and creativity to the heights, unites and improves his ideas about life and work.

In fact, with a deep understanding that a person has mastered every profession through knowledge, and this serves to enhance the positive impact on the development of society, the development of the nation, the well-being of life and the economy. political, spiritual and legal aspects of social development, duty in the field of profession and organizes the achievement of excellence and maturity to perform their duties.

Of course, on the basis of natural, universal and human rules, a person must achieve high perfection of professional skills, learn the laws and mechanisms of human development at the stage of maturity, learn to occupy higher levels, that is, love a certain profession, area, based on knowledge and experience, to go towards a goal means to live in aspiration.

It is known that both a person and society do not accumulate their potential in one direction throughout their lives. Having risen to the top for the purpose of self-development, he now continues his spiral of movement in new qualities. And here, if objective favorable conditions are productive for their personal aspirations, they will also rise to the next “highest” stage in their next small development. Thereafter, the personality or their community or unity depends on the clear flow of new situations and individual objects or collective actions, which continue to ignite until they develop and lead to a new culmination. The new “acme” takes on a more open, progressive character, or in some cases acts as a condition or necessary condition for the unprecedented development of a person or unit.

At the same time, leaving real life, we realize a lot: we, as people, and sometimes as a team, the line of development acquired in the process of development, for some reason remains aside, and they turn their development towards something completely new, a different direction.



Naturally, if we consider the main tasks that acmeology always needs to solve, then this leads to the identification and systematization of the general, community and individuality in “acme” as an individual, personality and subject of activity. They reach the level of only one “high point” or after the first “high point” in the process of human development. The differences and similarities in various county laws and mechanisms extend beyond precision.

The above question of how a person achieves his goal can be answered through targeted responses, excellence in management and training, defense, business and other fields, and a constant pursuit of efficiency in practice, and then, actively using small tactics and systematic development. At the same time, the same creativity in the spirit of creativity determines the general methodology and specific methods of real organization of actions of small and large professional associations, differing in personal profile, as well as in their productive actions and plans. improvement.

Therefore, in the current era of globalization, we must encourage our young teachers to build on their knowledge, improve their professional skills, and carry out productive activities for the development of society and the nation. This guarantees the formation of a comprehensively developed personality and the quality of the educational process.

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