



Methodological Possibilities of Spiritual and Ethical Education in The Process of Globalization

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ABSTRACT: In this article, the issue of knowledge and moral values serving as an important factor in the formation of the spirituality of young people in achieving sustainable development of our country is reflected.

KEY WORDS: Spirituality, threat, globalization, knowledge, awareness, education, individual, state, society, emotion, immunity, value, information, morality, culture.

Why do people drink bitter medicine given by a doctor to get rid of pain in their body, but when someone tells you to do the following to get rid of it if you have a disease of ignorance, they do not follow these instructions? The reason is simple, pain in the body hurts the soul, so people take bitter drugs to get rid of it, and if necessary, they even agree to have their bodies pierced with a blade. And the pains of ignorance are not felt. Its influence will be from me. It eats away a person from the inside - not the body, but the soul, as a result, a person becomes a dry creature chasing after the chain of animal desires. Indeed, if we live only to eat and drink, to satisfy our lusts, and to do other things that give us such pleasures, what difference will we be to the animals? Now look at yourself. Why do you live? The only thing that distinguishes us from other creatures is that we are responsible for our every action, we did not come to life just to live, each of us has our own tasks and obligations. True, there is nothing wrong with wanting material prosperity and having it[20]. How good it would be if each of us lived well and fully. But we don't live just to eat. That is, let our wealth and material capabilities be the means to realize our noble dreams and goals. It is the purpose of living as a human being that determines the spirituality of a person. So, there is a person who must have spirituality. Spirituality is a relative concept. It has different forms in different nations under the influence of religion, local customs, language, and culture. Because culture is an integral part of spirituality, and it is colorful. But there are criteria of spirituality that are



common to all nations and peoples. Goodness and humanity are valued equally in all religions and cultures[19].

The tribes living in the remote Amazon forests, where the New World man has not yet reached, have concepts of goodness and goodness, which are the same as our criteria. Spirituality is of inestimable importance in the life of a person, in a private sense, and in a broad sense, in the life of the state and society. Because the life of a spiritual person is rich in goodness, and the state will only benefit from such a person. In the National Encyclopedia of Uzbekistan, the image of a spiritual person is defined in the explanation of the word "Spirituality" as follows: "A spiritual person knows exactly what the purpose of life is, finds a way to spend his life meaningfully, acquires the culture of dealing, he approaches every issue from the point of view of honesty and justice. performs actions". So, being honest and pure, avoiding evil and doing good deeds is the main criterion that determines human spirituality. We will know who we are if we put ourselves on the scale of this criterion[18].

Globalization and Spirituality. It is well known to you that in the past of our nation, there were many highly spiritual people and such people inherited great spiritual wealth. These people, who completed mature works on religious-secular and scientific topics, also met the above criteria in their personal lives. what about today Today, it is claimed that science is reaching heights that were previously impossible to reach. There is truth in this statement: development has brought a lot of prosperity and ease to human life[17].

Due to globalization, the wide world has become a small village. Economic goals and interests transcended the world's political boundaries and barriers and united the world into a single market operating under the same laws. However, as much as progress and science are developing, moral values are deteriorating in the opposite direction. Because the material prosperity brought by globalization mainly serves only monetary pleasure. Think about the blessings that today's development has bestowed upon us. Computer technology, mass media, satellite capabilities, internet, etc. While these serve to further accelerate development in the hands of professionals, the general public—who make up the majority of users—are currently using these tools purely for entertainment[16].

Another unique aspect of the globalization process is that it has become a very sharp weapon of ideological influence in the current environment, serving the interests of various political forces and centers. is a system that serves only



the benefit. It will not have goals such as helping poor countries, serving the welfare of a country or people . As long as they have customers with the power to consume . If anyone stands in the way of globalization , they will be punished mercilessly. The system works so well that the state and economic groups working for their own interests in the shell of globalization can convince every living soul on earth to their interests. Today, the wars of the world's hegemonic countries for the "liberation of peoples" are being conducted by order of a few bankers, financial groups and transnational corporations[15].

At the spiritual and personal level, globalization turns man into a dry consumer: happiness is determined by material well-being. The purpose of living is to enjoy life to the maximum . There is no place for spiritual and spiritual values, goodness, merit, and high concepts such as doing good to someone. "As long as you don't harm someone, you can do whatever you want." This creed looks more beautiful and fairer in the shell of an unformed democracy. Here a simple logic emerges. People living with such beliefs want people like them to sit on their "tops". It is not for nothing that the candidates participating in the elections in some Western countries raise in their election programs such practices that are condemned by any religion and spirituality, such as the legalization of homosexuality. When asked if he would not talk about banning prostitutes, he replied that he did not want to lose millions of male voters[15].

This is how the rotting corpse of society rises to the top. In order to gather the votes of mentally depraved people in the state, and to please them, the people who claim the responsible position of standing at the head of the nation go as far as legalizing corrupt and disgusting customs. In these examples, globalization and its impact on today's spirituality, in general, how much a person is declining in the modern world is clearly demonstrated . You can get rid of fever temporarily by just taking antipyretic medicine, but if the underlying cause is not treated, the temperature will soon rise again. That is, to completely get rid of fever, it is necessary to treat the disease itself, not the symptom. Similarly, the fact that people are becoming immoral and becoming materialistic, which is often talked about today, is a symptom of the disease of ignorance and lack of spirituality[21].

It is not possible to ensure that a person becomes decent, enriches his spiritual world, lives as a human being in the world, only by freeing the environment from destructive means. Maybe it is possible to find a cure for the pain of ignorance and moral corruption only by raising the spirituality of a person



, introducing knowledge and goodness into his heart. Ignorance is epidemic today. Science is its medicine. If knowledge is not reflected in a person's life, but remains only in the imagination, on paper and pen, then this knowledge is of no use to its owner. I remember one of my foreign acquaintances saying: " I saw many professors at the university, very knowledgeable, experts who have no equal in their fields. But I was surprised by their behavior in their private lives, their lowliness for trivial things, their immorality." In fact, science itself does not represent human spirituality. In fact, what is science, what should be its criteria , these are controversial questions[12].

having the title of higher knowledge and being without spirituality. It is also true that a shepherd who grazes sheep in the mountains all his life or a farmer who plows the field with a hoe can be a spiritually mature and morally perfect person. , is to instill spirituality into the soul. So how is this done? The general direction of this important task was defined by our President as follows: "It is known that in order to prevent any disease, first of all, immunity against it is created in the human body. In order to bring up our children in the spirit of love for the motherland, our rich history, and devotion to the holy religion of our ancestors, it is necessary to strengthen ideological immunity in their hearts and minds, so to speak . So that our young people grow up to be people who understand their national identity, and at the same time, the world, who keep pace with the times[13].

Then neither the "call" of ignorant fanatics, nor the ideas that are completely foreign to us, rejecting the concepts of ethics, can have their influence on them." One of the most effective methods of education is teaching by example . In other words, the experts, mentors and teachers who educate our youth should first of all be trained and act as a model high school for the youth. If spirituality blows in the educator's behavior, if he shows loyalty to national traditions, respect for values and follows this in his life, it will be more effective to achieve the intended goals. In this regard, the place of artistic works and films that glorify patriotism, goodness, and generosity is incomparable. If a film or a work of art is of high quality , its positive effect will undoubtedly be stronger than any other medium. Regular involvement of young people in sports activities is also known to be highly effective.

There is nothing better than sports to inculcate the ideas of friendship and patriotism. Carrying out sports competitions along with educational activities ensures that our youth are healthy both physically and mentally. These activities



should be started early, if possible, from kindergarten age. Because in this period it will be easy to find a way to the weak hearts. It is during this period that they can form a spiritual immunity. Our spirituality is such a way of life that an individual, state and even society cannot be imagined without it. It is embedded in our life in every aspect. Therefore, the intervention of the state in order to preserve spirituality is not an act against pluralism in the society, but it is a return to what the people want. After all, democracy and pluralism do not mean that you can do whatever you want as long as you do not harm anyone. In science, there are the terms globalism and globalization, which represent the integration of the world community. Although the meanings of these two words are close to each other, they are separate terms denoting two different phenomena[14].

If globalism represents the friendship of the international community, interdependence and unity around the single good goals for world peace, then globalization is mainly the economic occupation of the whole world by large transnational corporations for the purpose of material profit, based on a single system and laws. It is understood that it will create a single market and thus have a serious impact on spiritual and social life.

we say "globalization" here, we mean exactly this globalization. Under these conditions, the urgency of saturating the national spiritual potential at the expense of the internal spiritual heritage increases. Through morals, customs, tradition, strong belief in values, strong and strong feelings of pride, priority of national interests, strong sense of responsibility for the nation's future, etc. So, it can be understood in the form of spiritual and spiritual virtue in a broad sense, its independence and practice[11].

In conclusion, it is time to develop a program aimed at developing a healthy outlook of the youth towards globalization. And it can be said that the work of our government in this direction is worthy of praise and an example. Of course, only existing material and spiritual heritage is not enough to form national moral immunity, to preserve nationality at all stages of development, and to turn it into a protective factor against external influences. It is possible to enrich and strengthen the national-spiritual potential only if they are used in accordance with the growth process of the nation's needs while giving shape to their development. In this process, raising the general national spiritual level of the nation, creating new spiritual resources in accordance with the development of the times plays an important role. The development and improvement of



national-spiritual immunity in accordance with the development of time is a continuous process, therefore, it remains the most important task for every nation capable of protecting its identity.

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